

#### General

#### Title

Palliative care for adults: percentage of adult patients with a serious illness who have documentation in the medical record of a completed advance directive.

#### Source(s)

McCusker M, Ceronsky L, Crone C, Epstein H, Greene B, Halvorson J, Kephart K, Mallen E, Nosan B, Rohr M, Rosenberg E, Ruff R, Schlecht K, Setterlund L. Palliative care for adults. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2013 Nov. 81 p. [92 references]

#### Measure Domain

### Primary Measure Domain

Clinical Quality Measures: Process

# Secondary Measure Domain

Does not apply to this measure

# **Brief Abstract**

## Description

This measure is used to assess the percentage of adult patients age 18 years and older with a serious illness who have documentation in the medical record of a completed advance directive.

#### Rationale

The priority aim addressed by this measure is to increase the completion, documentation and ongoing utilization of advance directives for patients with a serious illness.

Clinicians provide palliative care through effective management of pain and other distressing symptoms, while incorporating psychosocial and spiritual care according to patient and family needs, values, beliefs and culture(s) (Lorenz et al., 2008). The National Consensus Project (2013), National Quality Forum (2012) and the Joint Commission have outlined systematic components of palliative care services to support these outcomes. By intervening at the onset of a serious illness, health care professionals can

assure that appropriate interventions are offered to meet the goal of reducing the burden of disease and maximizing the quality of life.

Advance care planning always consists of conversations among patient, family and clinician about who should make decisions if the patient is unable, and what type of care the patient desires. It is recommended to document that plan with a legal advance directive and/or Physician/Provider Order for Life-Sustaining Treatment (POLST).

There has been conflicting data on the influence of advance directives on health care spending. In a study using Health Retirement Study data – including Medicare claims data and interviews of relatives of decedents, as well as information on regional health care spending from the Dartmouth Atlas – evidence showed that in high health care spending regions, individuals with an advance directive limiting treatments at end of life were less likely to die in a hospital, more likely to receive hospice care and generated lower Medicare end-of-life care costs (Nicholas et al., 2011). Studies have shown that those who die at home and those enrolled in hospice programs have improved quality of life and symptom control. This suggests that for individuals who wish to limit treatments at the end of life, it is particularly important to document those preferences, if one's wishes vary considerably from the norms in one's area of residence.

#### Evidence for Rationale

Lorenz KA, Lynn J, Dy SM, Shugarman LR, Wilkinson A, Mularski RA, Morton SC, Hughes RG, Hilton LK, Maglione M, Rhodes SL, Rolon C, Sun VC, Shekelle PG. Evidence for improving palliative care at the end of life: a systematic review. Ann Intern Med. 2008 Jan 15;148(2):147-59. [152 references] PubMed

McCusker M, Ceronsky L, Crone C, Epstein H, Greene B, Halvorson J, Kephart K, Mallen E, Nosan B, Rohr M, Rosenberg E, Ruff R, Schlecht K, Setterlund L. Palliative care for adults. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2013 Nov. 81 p. [92 references]

National Consensus Project for Quality Palliative Care. Clinical practice guidelines for quality palliative care. 3rd ed. Pittsburgh (PA): National Consensus Project for Quality Palliative Care; 2013. 70 p.

National Quality Forum. National voluntary consensus standards: palliative care and end-of-life care  $\hat{a} \in \mathbb{N}$  a consensus report. Washington (DC): National Quality Forum; 2012 Apr. 66 p.

Nicholas LH, Langa KM, Iwashyna TJ, Weir DR. Regional variation in the association between advance directives and end-of-life Medicare expenditures. JAMA. 2011 Oct 5;306(13):1447-53. PubMed

# Primary Health Components

Palliative care; serious illness; advance directives

# **Denominator Description**

Number of patients with a diagnosis of a serious illness (see the related "Denominator Inclusions/Exclusions" field)

# Numerator Description

Number of patients who have documentation in the medical record of a completed advance directive

# Evidence Supporting the Measure

#### Type of Evidence Supporting the Criterion of Quality for the Measure

A clinical practice guideline or other peer-reviewed synthesis of the clinical research evidence

## Additional Information Supporting Need for the Measure

Unspecified

#### **Extent of Measure Testing**

Unspecified

#### National Guideline Clearinghouse Link

Palliative care for adults.

### State of Use of the Measure

#### State of Use

Current routine use

#### Current Use

not defined yet

# Application of the Measure in its Current Use

# Measurement Setting

Ambulatory/Office-based Care

# Professionals Involved in Delivery of Health Services

not defined yet

# Least Aggregated Level of Services Delivery Addressed

Clinical Practice or Public Health Sites

# Statement of Acceptable Minimum Sample Size

Unspecified

#### **Target Population Age**

Age greater than or equal to 18 years

# Target Population Gender

Either male or female

# National Strategy for Quality Improvement in Health Care

#### National Quality Strategy Aim

Better Care

#### National Quality Strategy Priority

Person- and Family-centered Care Prevention and Treatment of Leading Causes of Mortality

# Institute of Medicine (IOM) National Health Care Quality Report Categories

#### **IOM Care Need**

End of Life Care

Living with Illness

#### **IOM Domain**

Effectiveness

Patient-centeredness

# Data Collection for the Measure

# Case Finding Period

The time frame pertaining to data collection is monthly.

# **Denominator Sampling Frame**

Patients associated with provider

#### Denominator (Index) Event or Characteristic

Clinical Condition

Patient/Individual (Consumer) Characteristic

#### **Denominator Time Window**

not defined yet

#### Denominator Inclusions/Exclusions

Inclusions

Number of patients with a diagnosis of a serious illness that includes but is not limited to:

Pulmonary disease

Cancer/neoplasm

Liver disease

Renal disease

Neurological disorders:

Stroke

Parkinson's

Amyotrophic lateral sclerosis

Multiple sclerosis

Population Definition: Patients ages 18 years and older.

Exclusions

Unspecified

# Exclusions/Exceptions

not defined yet

# Numerator Inclusions/Exclusions

Inclusions

Number of patients who have documentation in the medical record of a completed advance directive

Exclusions

Unspecified

## Numerator Search Strategy

Fixed time period or point in time

#### **Data Source**

Electronic health/medical record

# Type of Health State

#### Instruments Used and/or Associated with the Measure

Unspecified

# Computation of the Measure

#### Measure Specifies Disaggregation

Does not apply to this measure

#### Scoring

Rate/Proportion

#### Interpretation of Score

Desired value is a higher score

#### Allowance for Patient or Population Factors

not defined yet

## Standard of Comparison

not defined yet

# **Identifying Information**

## **Original Title**

Percentage of adult patients with a serious illness who have documentation in the medical record of a completed advance directive.

#### Measure Collection Name

Palliative Care for Adults

#### Submitter

Institute for Clinical Systems Improvement - Nonprofit Organization

# Developer

Institute for Clinical Systems Improvement - Nonprofit Organization

### Funding Source(s)

The Institute for Clinical Systems Improvement's (ICSI's) work is funded by the annual dues of the member medical groups and five sponsoring health plans in Minnesota and Wisconsin.

#### Composition of the Group that Developed the Measure

Work Group Members: Martha McCusker, MD, FACP (Work Group Leader) (Hennepin County Medical Center) (Internal Medicine/Geriatrics); Becky Nosan, NP (Allina Medical Clinic) (Family Medicine/Palliative Care); Erin L. Rosenberg, LICSW (Allina Medical Clinic) (Social Worker); Joe Halvorson, RN (Essentia Health) (Nursing); Lyn Ceronsky, DNP, GNP-BC, FPCN (Fairview Health Services) (Family Medicine/Geriatrics); Ken Kephart, MD (Fairview Health Services) (Family Medicine/Geriatrics); Mabel Rohr, CNP (HealthPartners Medical Center and Regions Hospital) (Family Medicine/Geriatrics); Rob Ruff, BCC (HealthPartners Medical Center and Regions Hospital) (Chaplain); Chuck Crone (Patient Representative); Barbara Greene, MPH (Twin Cities Medical Society) (Cultural Care); Kristina Schlecht, MD (University of North Dakota Center for Family Medicine); Howard Epstein, MD, FHM (Institute for Clinical Systems Improvement [ICSI]) (Chief Health Systems Officer); Emily Mallen, MBA (ICSI) (Project Manager); Linda Setterlund, MA, CPHQ (ICSI) (Clinical Systems Improvement Facilitator)

#### Financial Disclosures/Other Potential Conflicts of Interest

The Institute for Clinical Systems Improvement (ICSI) has long had a policy of transparency in declaring potential conflicting and competing interests of all individuals who participate in the development, revision and approval of ICSI guidelines and protocols.

In 2010, the ICSI Conflict of Interest Review Committee was established by the Board of Directors to review all disclosures and make recommendations to the board when steps should be taken to mitigate potential conflicts of interest, including recommendations regarding removal of work group members. This committee has adopted the Institute of Medicine Conflict of Interest standards as outlined in the report Clinical Practice Guidelines We Can Trust (2011).

Where there are work group members with identified potential conflicts, these are disclosed and discussed at the initial work group meeting. These members are expected to recuse themselves from related discussions or authorship of related recommendations, as directed by the Conflict of Interest committee or requested by the work group.

The complete ICSI policy regarding Conflicts of Interest is available at the ICSI Web site

Disclosure of Potential Conflicts of Interest

Lyn Ceronsky, DNP, CHPCA, GNP-BC (Work Group Member)

Director, Palliative Care, Fairview Health Services

National, Regional, Local Committee Affiliations: CAPC Advisory Council, MN Network Hospice and

Palliative Care, National Board Certification Hospice and Palliative Nursing

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Paid consultant to Stratis Health and CAPC

Howard Epstein, MD, FHM (Work Group Member)

Chief Health Systems Officer, Institute for Clinical Systems Improvement (ICSI)

National, Regional, Local Committee Affiliations: Board of Directors, Society of Hospital Medicine; Board

of Directors and Executive Council of Minnesota Network of Hospice and Palliative Care

Guideline Related Activities: None

Research Grants: Primary investigator for a Choosing Wisely® grant from the ABIM Foundation

Financial/Non-Financial Conflicts of Interest: None

Barbara Greene, MPH (Work Group Member)

Director of Community Engagement, Honoring Choices Minnesota, Twin Cities Medical Society

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Joe Halvorson, RN (Work Group Member)

Nurse, Essentia Health

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Ken Kephart, MD (Work Group Member)

Medical Director, Fairview Senior Services, Fairview Health Services

National, Regional, Local Committee Affiliations: Board member of Twin Cities Medical Society

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Paid consultant to Honoring Choices Minnesota

Martha McCusker, MD (Work Group Leader)

Physician, Internal Medicine, Geriatrics, Hospice and Palliative Care, Hennepin County Medical Center

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Becky Nosan, NP (Work Group Member)

Nurse Practitioner, Gerontology/Palliative, Allina Medical Clinic

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Mabel Rohr, RN, CNP (Work Group Member)

Geriatric Nurse Practitioner, Internal Medicine/Geriatrics, HealthPartners Medical Group

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Received honoraria for teaching geriatric education at

Augsburg College and MN Critical Care Nurses Association

Erin Rosenberg, LICSW (Work Group Member)

Clinical Manager, Social Worker, LifeCourse, Allina Health

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Rob Ruff, BCC (Work Group Member)

Director, Chaplaincy Services, HealthPartners Regions Hospital

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Kristina Schlecht, MD (Work Group Member)

Associate Director, Family Practice, University of North Dakota Center for Family Medicine

National, Regional, Local Committee Affiliations: None

Guideline Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

#### Adaptation

This measure was not adapted from another source.

# Date of Most Current Version in NQMC

2013 Nov

#### Measure Maintenance

Scientific documents are revised every 12 to 24 months as indicated by changes in clinical practice and literature.

## Date of Next Anticipated Revision

The next scheduled revision will occur within 24 months.

#### Measure Status

This is the current release of the measure.

The measure developer reaffirmed the currency of this measure in January 2017.

# Measure Availability

Source available for purchase from the Institute for Clinical Systems Improvement (ICSI) We	eb site
. Also available to ICSI members for free at the ICSI Web site	
and to Minnesota health care organizations free by request at the	ICSI Web site
For more information, contact ICSI at 8009 34th Avenue South, Suite 1200, Bloomington, MI	N 55425;
Phone: 952-814-7060; Fax: 952-858-9675; Web site: www.icsi.org	; E-mail:
icsi.info@icsi.org.	

## **NQMC Status**

This NQMC summary was completed by ECRI Institute on April 28, 2014.

The information was reaffirmed by the measure developer on January 10, 2017.

# Copyright Statement

This NQMC summary (abstracted Institute for Clinical Systems Improvement [ICSI] Measure) is based on the original measure, which is subject to the measure developer's copyright restrictions.

The abstracted ICSI Measures contained in this Web site may be downloaded by any individual or organization. If the abstracted ICSI Measures are downloaded by an individual, the individual may not distribute copies to third parties.

If the abstracted ICSI Measures are downloaded by an organization, copies may be distributed to the organization's employees but may not be distributed outside of the organization without the prior written consent of the Institute for Clinical Systems Improvement, Inc.

All other copyright rights in the abstracted ICSI Measures are reserved by the Institute for Clinical Systems Improvement, Inc. The Institute for Clinical Systems Improvement, Inc. assumes no liability for any adaptations or revisions or modifications made to the abstracts of the ICSI Measures.

#### Production

## Source(s)

McCusker M, Ceronsky L, Crone C, Epstein H, Greene B, Halvorson J, Kephart K, Mallen E, Nosan B, Rohr M, Rosenberg E, Ruff R, Schlecht K, Setterlund L. Palliative care for adults. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2013 Nov. 81 p. [92 references]

## Disclaimer

## **NQMC** Disclaimer

The National Quality Measures Clearinghouseâ, (NQMC) does not develop, produce, approve, or endorse the measures represented on this site.

All measures summarized by NQMC and hosted on our site are produced under the auspices of medical specialty societies, relevant professional associations, public and private organizations, other government agencies, health care organizations or plans, individuals, and similar entities.

Measures represented on the NQMC Web site are submitted by measure developers, and are screened solely to determine that they meet the NQMC Inclusion Criteria.

NQMC, AHRQ, and its contractor ECRI Institute make no warranties concerning the content or its reliability and/or validity of the quality measures and related materials represented on this site. Moreover, the views and opinions of developers or authors of measures represented on this site do not necessarily state or reflect those of NQMC, AHRQ, or its contractor, ECRI Institute, and inclusion or hosting of measures in NQMC may not be used for advertising or commercial endorsement purposes.

Readers with questions regarding measure content are directed to contact the measure developer.